

Make your home Smokefree!

Make the pledge today to make your home Smokefree to start experiencing the benefits.

Name _____

Address _____

Postcode _____

Telephone Number _____

How many smokers are there in your home? _____

How many children live in your home? _____

Does anyone living in your house have a respiratory or heart condition?
Yes / No *(delete as appropriate)* If yes, would you like to know more about how pollutants found in indoor air can affect their condition? Yes / No *(delete as appropriate)*

Before making this pledge, where was smoking allowed in your home?
(delete as appropriate)

- a) Nowhere inside
- b) Only in one room
- c) In most rooms
- d) Everywhere

Would you like the London Fire Brigade to carry out a free Home Fire Safety Visit at your home? A free smoke alarm will be fitted where required. Yes / No *(delete as appropriate)*

Would you like the help of the NHS free Stop Smoking Service to quit smoking? Yes / No *(delete as appropriate)*

Please note - If you have selected 'Yes' for the NHS Stop Smoking Service or the London Fire Brigade Home Fire Safety Visit, or to receive further information on indoor air pollutants, you must provide your contact details above so someone can contact you to organise this.

Where did you hear about the Kensington and Chelsea Smokefree Homes Pledge? _____

Can we contact you with a follow up questionnaire to see how your Smokefree home is going? Yes / No *(delete as appropriate)*

For free help and advice to stop smoking, contact the Kensington and Chelsea NHS Stop Smoking Service on free call **08000 85 91 47**.

To book a free Home Fire Safety Visit, contact the London Fire Brigade on **08000 28 44 28**. A free smoke alarm will be fitted where required.

For more details on the effects of air pollution, including secondhand smoke on asthma, contact the Air Quality Promotion Officer at the Royal Borough of Kensington and Chelsea on **020 7341 5683**.

If you would like anymore information, or have any questions on Smokefree Homes, contact the Smokefree Homes Officer at the Royal Borough of Kensington and Chelsea on **020 7341 5721** or **020 7341 5716**.

This publication is available in other languages and formats on request.



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Kensington and Chelsea Smokefree Homes

Take the Smokefree Homes challenge and protect your family from tobacco smoke



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